

## Nuts



A nut is a fruit consisting of a hard or tough husk, encompassing the shell which protects the edible kernel. At David Roberts we offer a variety of nuts. These nuts are graded based on quality, size and country of origin. We offer almonds, peanuts, walnuts, pistachios, brazil nuts, hazelnut, macadamia nuts, pecans, pine nuts and cashews.



## Shelled or Hulled Nuts & Seeds

Refers to a nut or seed that has the shell removed, typically, sunflower seeds or pumpkin seeds are hulled, or Pistachios are shelled.



## Blanched

The skin of the nut has been removed, several recipes call for blanched nuts; such as almonds or hazelnuts (filberts).



## Natural

Refers to a nut that the skin has not been removed, typically brown in colour.



## Almonds

Almonds can be characterized by their sweet (non-bitter) flavour. We offer a wide variety from raw, toasted, natural, blanched, slivered, ground (flour) or sliced almonds. Almonds are very versatile and are used in many kitchens!

Toasted Blanched Sliced



Ground/Flour



Blanched Sliced



Blanched Whole



Raw



Blanched Slivered



Natural Sliced



## Filberts / Hazelnuts

Two names for the same nut! Filberts or Hazelnuts are popular nuts used in the chocolate confectionery industry. They have slightly musty and earthy flavour notes. They can be roasted or used raw. Available both natural and blanched.



## Pistachios

The pistachio is actually a fruit, containing an elongated seed, which is the edible portion. The pistachio grows in bunches on the tree (much like grapes). The seed, commonly thought of as a nut, is a culinary nut, not a botanical nut. Pistachios are either shelled or unshelled. We offer pistachios in raw, roasted or diced forms. Shelled – the shell has been removed. Unshelled - the shell remains.



## Walnuts

Our California walnuts are a round, single-seeded stone fruit that grows on the walnut tree. They are a good source of healthful fats, protein, and fiber. We offer the shelled walnuts in two varieties: Halves and Pieces or straight Pieces. Walnut pieces are perfect additions to your baking or salad blends. The California walnuts we offer are light in colour and flavour and would be a premium to other origins.



## Pecans

Pecans are a nut produced by a species of hickory tree that is native to North America. We offer Pecan Halves or Pecan Pieces. Our raw pecan halves are Fancy Grade and Junior Mammoth in size. They have a crisp, buttery texture and a mildly sweet and nutty taste. Enjoy a pecan as a healthy, tasty snack. Use these pecans as an ice cream topping, cookie filling or in a homemade pecan pie.



## Pine Nuts

Pine nuts are small, elongated ivory-coloured seeds measuring about 1/4 to 3/8 inch in length. When raw, the seeds have a soft texture and a sweet, buttery flavour. They are often lightly toasted to bring out the flavour and to add a little crunch. They also make a crunchy topping for salads and pasta dishes. Try them cooked with vegetables such as spinach for a nutty twist. Pine nuts are also a key ingredient in pesto sauce.



## Macadamia Nuts

Raw, blanched macadamia nuts, uniquely flavourful and creamy taste of a raw macadamia nut is incomparable. These crunchy little guys are perfect for snacking, baking or adding to savoury dishes. Macadamia nuts are also loaded with fiber and heart-healthy monounsaturated fats.



## Cashews

Available raw, roasted salted or unsalted, pieces or whole. The cashew tree mainly cultivated in Brazil, Africa, and India. The seeds, rich in oil and distinctively flavoured, are commonly used in South and Southeast Asian cuisine and are a characteristic ingredient of numerous chicken and vegetarian dishes. In Western countries they are eaten mainly as a premium-quality protein-rich snack food usually roasted and salted.



Cajun Mix

## Nut Mixes

We offer several types of assorted snack items; mixes comprised of a combination of nuts, seeds or dried fruits; either salted or unsalted or no added nut mixes!

Bar Mixes are primarily a combination of salted and savoury ingredients. Often bars and taverns will offer salty bar snacks in an effort help boost beer and liquor sales.

Trail Mixes are usually combination of nuts, dried fruits and seeds. They usually address the health and energy concerns of consumers. They are often used as salad toppers in both salted and unsalted versions.



California Mix



Deluxe Mix Nuts



Cranberry Classic



Madeira Mix



Temptation Mix

## Pumpkin Seeds (Pepitas)



Hulled

A pumpkin seed, also known in North America as a pepita, is the edible seed of a pumpkin or squash. The seeds are typically flat and asymmetrically oval, have a white outer husk, and are light green in colour after the husk is removed. Hulled pumpkin seeds refers to when the husk is removed. A great trail mix ingredient or salad topper. Available both roasted and raw. Salted and Unsalted.

## Sultana Raisins



A sultana is a dried grape usually of the Thompson seedless variety. Sultanas are usually soaked before they are mechanically dried. Sultanas are golden brown in color and tend to be much plumper, sweeter, and altogether juicier than other raisins. Our Sultanas are triple washed and laser cleaned. Turkey is the main producer of Sultanas in the world.

## Golden Raisins



A Golden raisin is a dried grape usually of the Thompson seedless variety. Processed much like sultana raisins. The golden raisin is sprayed with sulphur dioxide before it is mechanically dried. This process gives the goldens their yellow to bright yellow colour.

## Thompson Raisins



Thompson Raisins are dried grapes of the Thompson variety, sweet and fruity in flavour. These raisins are sun dried over 3 weeks which makes them become darker in colour (dark brown to black) Thompson raisins are chewy and tender in texture. The most popular snacking raisin but also used in baking.



## Currants

Currants are sun dried small grapes. They are smaller than raisins and have a tart taste. Traditionally they come from Turkey or Greece. Popular during the Christmas baking season. These dried currants are delicious in scones, cakes, jams, and more.



## Pitted Prunes

Chewy and sweet, prunes are essentially plums that have been dehydrated for preservation. They can last in your pantry for about six months and provide a ton of versatility in practically any meal. Great source of Potassium, and Vitamins A, C, and K. The term pitted refers to an item that the pit has been removed. This product is mostly used in health care accounts. If they are using stewed prunes just get them to sample this product and they will switch over.



## Cranberries

The cranberry is a popular type of berry, high in nutrients and antioxidants. It has many health benefits, and is primarily consumed as cranberry juice, frozen whole or dried. Cranberries are small, hard, round, red fruits with a flavour that many describe as both bitter and sour. They grow on vines in freshwater bogs, mostly in the northern United States and southern Canada. They're related to blueberries and wintergreen plant family. Many people consider cranberries to be a superfood due to their high nutrient and antioxidant content. In fact, research has linked the nutrients in cranberries to a lower risk of urinary tract infection (UTI), the prevention of certain types of cancer, improved immune function, and decreased blood pressure. Add them to your trail mix, include a handful in a fruit smoothie, add dried cranberries to oatmeal or whole-grain cereal. Toss them into a muffin or cookie recipe or salad.



## Sun Dried Tomatoes

This product is actually semi dried which means that the skin and moisture are present and still retains a soft and flavourful texture. The traditional dried tomatoes which are hard and brittle, do not bake well in such items as breads and pizza. Our Tomatoes are considered Ready to Eat (RTE) quality. Our Sun Dried Tomatoes are offered in the following manner; whole or sliced (Julienne\*\*) and both are also offered in oil. This product can be used in pizza, pasta (especially if the customer is using a pasta display station) salads, breads and muffins. Julienne type is cut lengthwise in strips and are named after a famous French Chef Honoré Julien.

## Pure Chocolate



Pure chocolate contains cocoa butter only as it's fat and it comes in many varieties: Dark, White and Milk. Semi Sweet, Sweet and Bitter. Our Pure Chocolate is available in Slabs, Chunks, Chips and Shavings.

Chocolate Slabs



Milk or Dark Chocolate Chunks



White Chocolate Shavings



Dark Chocolate Shavings

## Chocolate Chips Pure



Pure chocolate chips are perfect for pancake batter, cookies, homemade granola and snack mixes, or to melt for a chocolate dip or coating. We offer two sizes of chips as listed on the food service price list a 4,000 count, which means that there are 4,000 chips per pound and a 1,000 count which means there are 1,000 chips per pound. The 1,000 count being the larger. Our chocolate chips are pure chocolate and are considered bitter or semi sweet. We also offer a 10,000 count mini chip as a special order item.

## Compound Baking Chips



The difference between Pure chips (above) and Compound Baking chips is the fat which gives them their creamy melt in your mouth texture. Pure chips contain Cocoa Butter while baking chips contain vegetable shortening. Otherwise the ingredients are very similar. The compound chips will be priced lower as the cocoa butter is the most expensive ingredient in the pure chips. These chips come in the same sizes as our Pure Chips (above) and can be used the same way.

## Chocolate Chunks Pure



Perfect for cookies and muffins where the customer does not want the chocolate to liquify when baking. These are pure chocolate and are available in dark, white, and milk varieties.

## Chocolate Slabs Pure



This product would be used by professional bakers for several uses i.e., one for shaving, for melting and enrobing, for dipping, and as an ingredient in a batter. This is pure chocolate available in dark, white, and milk versions. We sell only the world renowned Callebaut Brand imported from Belgium.

## Cocoa Powder



10/12%

We offer two grades of cocoa powder. A 10/12% or 22/24% cocoa butter fat.

The 22/24% gives it a higher percentage of cocoa butter with a darker appearance and richness. This however results in a higher price.



22/24%



## Sprinkles

We offer two types: Hawaiian or Rainbow which are basically multi-coloured sprinkles. Chocolate sprinkles are dark brown in colour. Sprinkles are a great topper on baked goods or ice cream

Rainbow Sprinkles



Chocolate Sprinkles

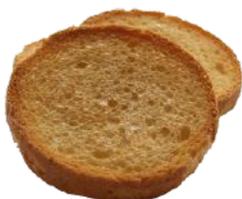


## Quinoa

Quinoa is a complete protein. This ancient food has great health benefits and is also gluten free. Although it is a seed, it is cooked similarly to rice. Quinoa, available in red, black, white, non organic and organic. We also offer a Tri-colour blend (red, white & black). Quinoa has a nutty flavour and a fluffy, crunchy texture. It's an ideal addition to a vegan or gluten free diet, loaded with iron, fiber and protein. Excellent as a side dish, or add it to your salads, casseroles or as a power bowls! You can use your everyday rice cooker to make quinoa, use the same liquid to quinoa ratio. Adding vegetable or chicken broth is an excellent way to bring out the flavours!



## Dutch Rusks



Dutch rusks can be enjoyed as a breakfast or brunch item instead of fresh bread. Typical toppings include butter with cheese, chocolate or fruit sprinkles, fruit preserves or fresh strawberries with powdered sugar. Can also be used in French Onion Soup. Packed in a master case with 24 sleeves of rusks weighing 250g (each containing 24 rusks for a total of 288 in a master case).

## Glazed Cherries and Fruit

Glazed cherries available in Red or Green. Sometimes called: glacé cherries, glazed cherries or candied cherries) are fresh cherries that have been simmered in a thick sugar syrup until they are candied. These delectable glazed cherries are moist and sugary sweet. They make a great addition to holiday treats, such as cookies, biscotti, cherry candies and other baked goodies.

We also offer a Glazed Fruit Mix containing cherries, diced glazed fruit and diced glazed peel as well as a Glazed Orange, Lemon, and Citron peel. Get geared up for fruitcake-making season with our premium glazed cherries, mixes and peels.



Green Cherries



Red Cherries



Mixed Fruit

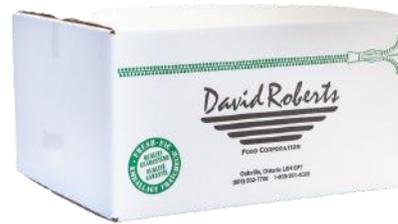


Glazed Mix Peel

## Fresh Pac



Our Fresh Pac Food Service packaging has set the standard for over 20 years. Each case of our 3 kg Food Service cartons contain 2 or 3 of our Fresh Pac bags. These bags provide the ultimate in Food Service packaging and portion control. Each bag is labelled with nutritional facts and is bar coded for inventory scanning. The bag is laminated and nitrogen flushed to achieve the longest shelf life possible, if stored correctly. The Fresh Pac bags have a re-sealable zipper for an extra guarantee of freshness and stand up for easy access. We also use this same bag in many of the private label products we package for our Food Service customers.



For any inquiries or further information, please feel free to reach out to our Food Service Sales Team:

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